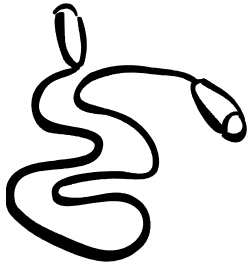
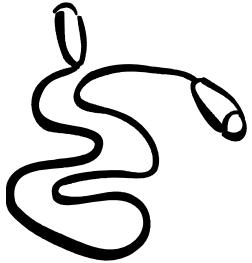
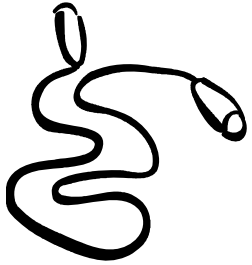


3



3

# BUILD A

# JUMP

---

jump rope move 1

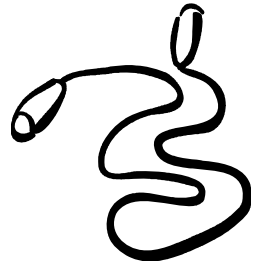
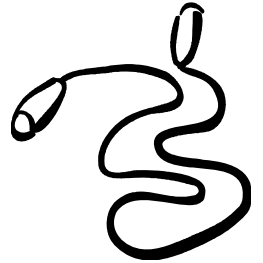
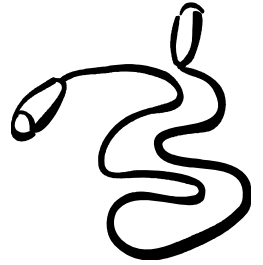
---

jump rope move 2

---

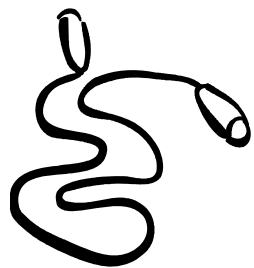
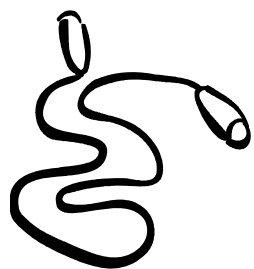
jump rope move 3

3



3

6



6

# BUILD A

# JUMP

---

jump rope move 4

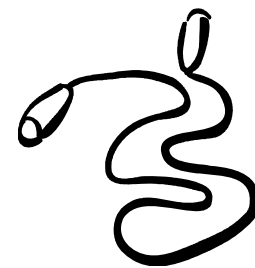
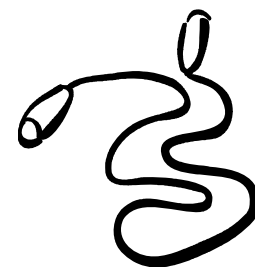
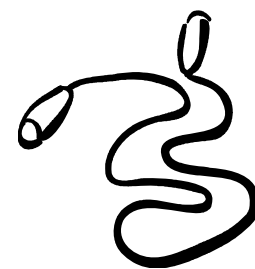
---

jump rope move 5

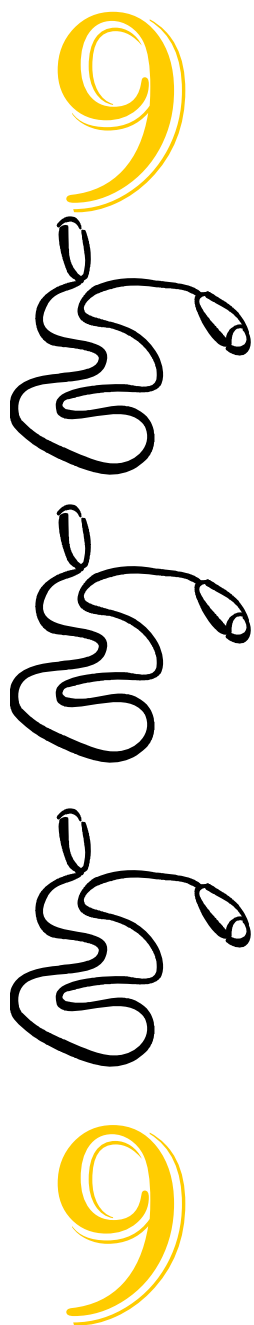
---

jump rope move 6

6



6



# BUILD A JUMP

---

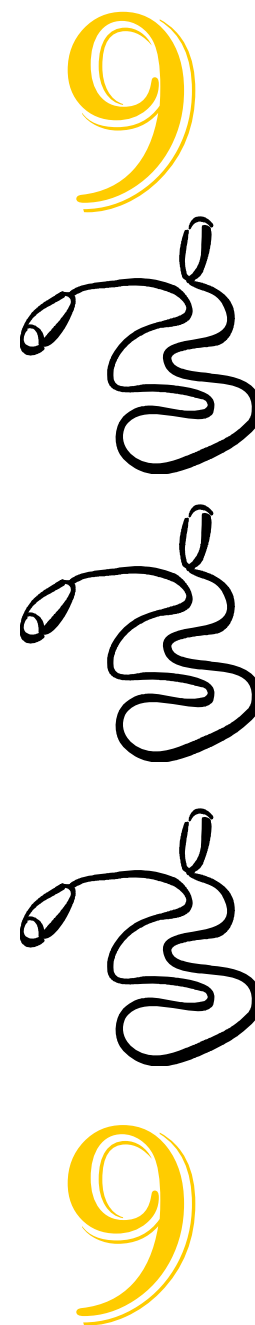
jump rope move 7

---

jump rope move 8

---

jump rope move 9



12

12

BUILD A

JUMP

---

jump rope move 10

---

jump rope move 11

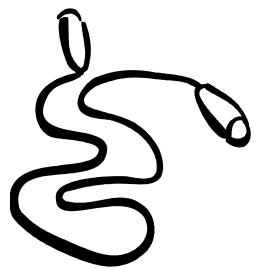
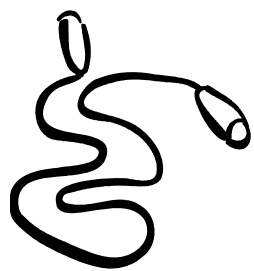
---

jump rope move 12



12

15



15

BUILD A

JUMP

---

jump rope move 13

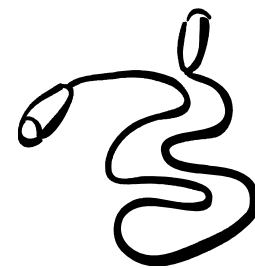
---

jump rope move 14

---

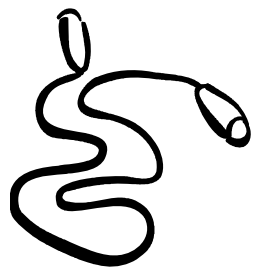
jump rope move 15

15



15

18



18

BUILD A

JUMP

---

jump rope move 16

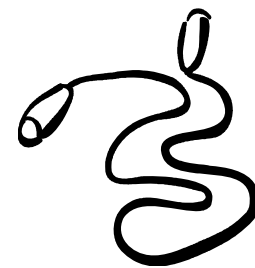
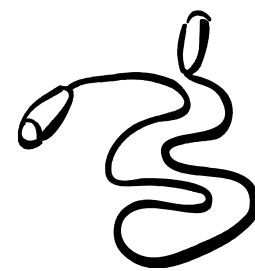
---

jump rope move 17

---

jump rope move 18

18



18